



NEW!! POINTE & ABSOLUTE BEGINNER TEEN CLASSES!!

Metuchen Dance Centre

2017 - 2018 Class Schedule

(Class schedule subject to change)

All Ballet and Pointe classes feature the *Royal Academy of Dance* syllabus



www.metuchendance.com

732-549-2244

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Royal Academy of Dance graded syllabus: **Beginner** - Pre-Primary, Primary, Grade 1; **Intermediate** - Grade 2-4; **Advanced** - Grade 5-6; **Professional** - Grade 7-9

Most classes 1 hour - exceptions as noted: ^.75 hr, *1.25 hrs, **1.5 hrs

MONDAY			TUESDAY			WEDNESDAY			THURSDAY			FRIDAY			SATURDAY		
Room A	Room B	Room C	Room A	Room B	Room C	Room A	Room B	Room C	Room A	Room B	Room C	Room A	Room B	Room C	Room A	Room B	Room C
9:15am BarreSculpt Fitness (Adult)									9:15am BarreSculpt Fitness (Adult)			9:15am PiYo Live (Adult)					
1:00pm Preschool I 3-3 1/2yr	1:00pm Preschool II 4-4 1/2 yr	1:00pm PiYo Live (Adult)	10:00am Pilates Mat (Adult)	10:00am Preschool 3-4 yr	10:00am PiYo Live (Adult)	^10:00am Kidstuff 2-3 yr	10:00am Preschool I 3-3 1/2yr	10:00am Preschool II 4-4 1/2 yr	12:30pm Preschool 3-4 yr		1:00pm Adult Ballet				^9:30am Kidstuff 2-3 yr	9:30am Preschool I 3-3 1/2yr	9:30am Preschool II 4-4 1/2 yr
						10:00am Zumba (Adult)			-Absolute	3:00pm Beginner	Teen -				10:30am Pre-Primary Ballet/Tap 5-6 yr	10:30am Primary Ballet/Tap 6-7 yr	*10:30am Grade 1 RAD Bal/Jazz 7-8yr
4:00pm Primary Ballet/Tap 6-7 yr	*4:00pm Grade 1 RAD Bal/Jazz 7-8yr	*4:00pm Grade 7 RAD 13+yr	4:00pm Latin Jazz Advanced 15-17yr	4:00pm Musical Theater II 9-12yr	*4:00pm Grade 6 RAD Pre-Pointe 12+yrs	*3:45pm Grade 6 RAD Pre-Pointe 12+yrs	4:00pm Lyrical I Beg 10+yr	4:00pm Grade 2 RAD 7-9yr	4:00pm Grade 5A RAD 11+yr	*3:45pm Grade 5B RAD 12+yr	4:00pm Tap I Beg 7-9yr	4:00pm Grade 3 RAD 8-10yr	4:00pm Grade 4 RAD 9-11yr	**4:00pm Dance Reflections Company Ballet	11:30am Grade 2 RAD 7-9yr	11:30am Grade 4/5 RAD 9-12yr	11:45am Hip Hop I Beg 5-7yr
5:15pm Latin Jazz Int 11-14yr	5:15pm Musical Theater I 7-8yr	*5:15pm Jazz IV Int 13+yr	5:00pm Turns & Jumps II	5:00pm Primary Ballet/Tap 6-7 yr	^5:15pm Pointe I (Based on evaluation)	5:00pm Jazz III Int 12+yr	5:00pm Pre-Primary Ballet/Tap 5-6 yr	5:00pm Jazz II Beg 7-9yr	5:00pm Jazz I Int 11+yr	5:00pm Jazz II Int 12+yr	5:00pm Hip Hop V Int/Adv	5:00pm Jazz III Beg 8-10yr	5:00pm Jazz IV Beg 10-12yr	^5:30pm Pointe II (Based on evaluation)	12:30pm Jazz II Beg 7-9yr	12:30pm Grade 3 RAD 8-10yr	12:45pm Jazz I/II Int 9-12yr
*6:30pm Lyrical III Int	6:30pm Tap Int/Adv Teen	*6:30pm Lyrical IV Int	*6:00pm Musical Theater III Teen	6:00pm Turns & Jumps I	6:15pm Pre-Primary Ballet/Tap 5-6 yr	6:00pm Tap III Int 12+yr	6:15pm Preschool 3-4 yr	6:00pm Latin Jazz Beg 7-10yr	6:00pm Tap I Int 11+yr	6:00pm Tap II Int 12+yr	6:15pm Preschool 3-4 yr	6:00pm Tap II Beg 8-10yr	6:00pm Tap III Beg 10-12yr	6:15pm Hip Hop I Beg 5-7yr	1:30pm Jazz III Beg 8-10yr	1:30pm Preschool 3-4 yr	1:45pm Acro/ Tumbling Beg/Int.
*7:45pm Modern I Beg 10+yr	7:30pm Adult Ballet	*7:45pm Modern II Beg/Int	*7:15pm Lyrical Int/Adv	7:15pm Adult Tap Beg/Int	*7:15pm Lyrical Advanced	**7:00pm Grade 8 RAD Int/Adv	7:15pm Lyrical II Beg/Int	**7:00pm Grade 9 RAD Advanced	**7:00pm Modern III Int/Adv	**7:00pm Modern IV Advanced	7:15pm Hip Hop IV Inter.	7:00pm Turns & Jumps I	7:30pm Hip Hop II Beg/Int 8-10yr	7:30pm Hip Hop III Beg/Int 10-12yr			2:45pm Acro/ Tumbling Inter
	8:30pm BarreSculpt Fitness (Adult)		*8:30pm Tap Advanced	8:15pm PiYo Live (Adult)		**8:30pm Jazz Int/Adv	^8:30pm Pointe I & II (Based on evaluation)	**8:30pm Jazz Advanced	^8:30pm Adult Ballet		*8:30pm Hip Hop VI Advanced						
									^9:15pm Adult Jazz								

IMPORTANT...When taking Jazz, Latin Jazz, Lyrical, Modern or Acro class, a Ballet Class is a requirement. All Musical Theatre students are required to take a dance class.

When taking Hip Hop or Tap only, a technique class is recommended.